

203950C Breaded Chicken Goujons (Chefs Selections)



Pack Size: 2X1KG BOX

Details: These breaded whole chicken strips have a delicious crispy coating and make the perfect starter with a selection of dips.

Allergen Information

Contains:

Cereal, Soya

Free from:

Crustaceans, Eggs, Fish, Gluten, Nuts, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide, Celery

Suitable for:

Halal

Handling Information

Directions For Use:

Best Cooked From Frozen

OVEN: Preheat oven to 200°C/Fan180°C/Gas Mark 6 and cook for 10-12minutes.

FRY: Place in moderately hot oil @ 180°C/365°F for 3-5 minutes.

The cooking instructions are given as a guide only as appliances vary.

Storage Instructions:

Keep frozen below -18°C

Product Ingredients

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Chicken (53%), Water, WHEAT Flour, Tapioca Starch, Palm Oil, Salt, Corn Starch, Non-hydrogenated Palm Shortening, Modified Tapioca Starch, Thickeners (Xanthan Gum, Guar Gum), Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sugar, Yeast, SOYA Flour.

Nutritional Information

Typical Values per 100g/ml:

Energy:

167 kcal / 703 kJ

Fat:

4.2 g

of which saturates:

1.9 g

Carbohydrates:

17 g

of which sugars:

0.3 g

Fibre:

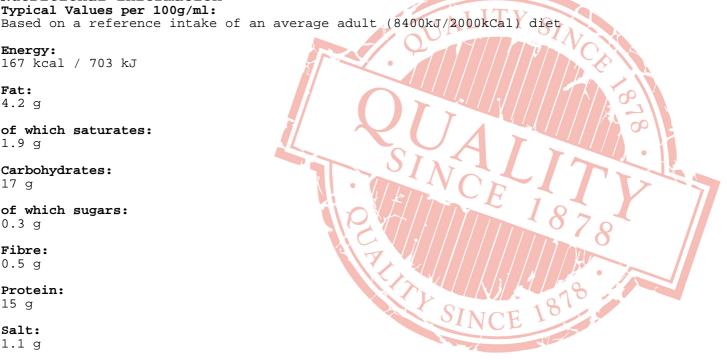
0.5 g

Protein:

15 g

Salt:

1.1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

| If | al: | lerge | n inf | ormat | cion | is no | ot pre | esented | d here, | please | obtain | it | from | the | product | packaging |
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