



204695C Multi Seeded Demi Baguettes (Planete Pain)



Pack Size: 50 X 140G

Details: A healthier option containing sunflower seeds, bran wheat, millet seeds and oat flakes and coated with sesame seeds and linseeds.

Allergen Information

Contains:

Cereal, Sesame

Free from:

Celery, Crustaceans, Sulphur Dioxide, Lupin, Nuts, Molluscs, Mustard, Peanuts, Fish

May contain:

Milk, Eggs, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

For Best Results : Pre-heat oven to 200°C place on a baking tray in the centre of the oven. Bake for approximately 10 - 12 minutes turning the trays around half way through to achieve a more even bake. Adjust time and temperature according to your own oven.

Storage Instructions:

Do not refreeze after thawing.
Keep frozen at -18°C.

Product Ingredients

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WHEAT flour, water, RYE flour, WHEAT GLUTEN, yeast, sunflower seeds, salt, BUCKWHEAT flour, bran WHEAT, brown linseed, millet seed, toasted malted WHEAT flour, yellow linseed, OAT flakes, rice flour, BARLEY flour, flour treatment agent : E300, enzymes, malted

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

260 kcal / 1101 kJ

Fat:

3.1 g

of which saturates:

0.4 g

Carbohydrates:

49.3 g

of which sugars:

2.7 g

Fibre:

4.4 g

Protein:

8.7 g

Salt:

1.3 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.