



204753C Mini Quiche Selection (Frank Dale)



Pack Size: 4 X 12

Details: A selection of traditional mini quiches (12 of each): tomato and basil; cheese, onion and chive; stilton and broccoli; mushroom and cheddar. All encased in stone-oven baked short crust pastry.

Allergen Information

Contains:

Cereal, Eggs, Gluten, Milk, Mustard

Free from:

Celery, Crustaceans, Fish, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

From Frozen unless otherwise stated Oven: Remove from outer packaging, leave in foil. Place quiches onto a baking tray. Place in a pre-heated oven 200°C/180°C (fan)/Gas Mark 6 for 10- 14 mins. Ensure quiches are piping hot before serving. Ensure a core temperature of >75°C is achieved (or relevant national requirements) for at least 30

Storage Instructions:

Keep Frozen. Store at -18°C or below

Product Ingredients

Product Ingredients:

Pastry Case (50%) Fortified **WHEAT** Flour (with Calcium, Iron, Niacin, Thiamine), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Acidity Regulators (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Natural Carotenes)), Vegetable Shortening (Palm

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

289 kcal / 1212 kJ

Fat:

18.4 g

of which saturates:

8.8 g

Carbohydrates:

28.4 g

of which sugars:

2 g

Fibre:

1.1 g

Protein:

6.6 g

Salt:

0.48 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.