



204772C Lentil Soup (Redemption)



Pack Size: 2 X 2.4KG

Details: Cooked with fresh ingredients and frozen, A smooth lentil soup with earthy notes from the lentils and sweetness from carrots.

Allergen Information

Contains:
Celery

Free from:
Cereal, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:
Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Thoroughly defrost in a refrigerator before use. Open and stir well. Serve hot. Hob: (4- 5 mins per 400g serving). Remove contents from packaging. Place into a saucepan. Heat until piping hot. Stir occasionally; do not boil. Microwave: 800W 2 ½ mins; 900W 2 mins. (Based on portion size of 400g). Remove contents from packaging. Place into a

Storage Instructions:

Keep frozen at minus 18 C or colder. Once defrosted, keep chilled (0C to +5C) use within 14 days. Once opened keep chilled (0C to +5C) use within 3 days and by date shown on label.

Product Ingredients

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Water, Red Split Lentils (18%), Carrots, Onions, Vegetable Stock [Vegetable Stock (Water, Onion, Carrot Extract, Tomato, Celeriac (**CELERY**), Herbs, Garlic, Spice), Salt, Glucose Syrup, Maltodextrin, Yeast Extracts, Flavourings, Rapeseed Oil], Maize Starch.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

27 kcal / 115 kJ

Fat:

0.1 g

of which saturates:

0.1 g

Carbohydrates:

4.5 g

of which sugars:

1.2 g

Fibre:

0.8 g

Protein:

1.6 g

Salt:

0.6 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.