



## 204784C Breaded Chicken Grill (Green Gourmet)



**Pack Size:** 50 X 60G

**Details:** Chicken portions formed from chicken breast, coated with a non-fried natural crumb.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Cook from frozen on a lined baking tray. Bake for 15-20 minutes (Gas 4/180°C/350°F; less for convection ovens). Check product is a minimum of 75°C (or to national standards) before serving. If storing in a hot cupboard, keep covered to prevent drying out.

**Storage Instructions:**

Store below -18C. Do not refreeze.

### Product Ingredients

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Chicken (46%), Water, Breadcrumb [**WHEAT** Flour, Water, Yeast, Salt, Spice, Rapeseed Oil, Paprika], Batter [**WHEAT** Flour, **WHEAT** Starch, Maize Flour, Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate)], Rapeseed Oil, Breadcrumb [**WHEAT** Flour, Salt, Yeast, Rice Flour, Stabiliser]

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

247 kcal / 1032 kJ

**Fat:**

10 g

**of which saturates:**

1.5 g

**Carbohydrates:**

26.7 g

**of which sugars:**

2.4 g

**Fibre:**

0.4 g

**Protein:**

12.5 g

**Salt:**

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.