



204826C Spinach & Mushroom Lasagne (Scheff Foods)



Pack Size: 12 X 400G

Details: Mushroom, spinach and cheese mix flavoured with herbs, layered between sheets of lasagne and topped with a creamy béchamel sauce and cheddar cheese.

Allergen Information

Contains:

Cereal, Celery, Eggs, Gluten, Milk

Free from:

Crustaceans, Fish, Lupin, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide, Soya

May contain:

Nuts

Suitable for:

Vegetarians

Handling Information

Directions For Use:

From frozen (1900 Watt Microwave), remove from tray and place on a serving dish. Defrost for 6 minutes. Reheat on full power for 2 minutes. Ensure the product is thoroughly heated before serving.

Storage Instructions:

-18°C or below, Once defrosted do not re-freeze

Product Ingredients

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Water, Lasagne (18%) (Contains Durum **WHEAT** Semolina, Water, Whole **EGG**), **MILK**, Onion, Spinach (7%), Bechamel Powder (Contains **MILK** Powder, Modified Maize Starch, Palm Fat Powder, **WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Dried Glucose Syrup, Salt, Onion Powder, Sage, Pepper), Mushroom

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

159 kcal / 668 kJ

Fat:

6.3 g

of which saturates:

1.9 g

Carbohydrates:

19.9 g

of which sugars:

3.5 g

Fibre:

1 g

Protein:

5.1 g

Salt:

0.92 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.