



204832S Breaded Extra Large Scampi (Whitby)



Pack Size: 450G BAG

Details: Whole British langoustine tails in a crisp, golden crumb. Just simply pop them in the oven to cook.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten

Free from:

Celery, Eggs, Peanuts, Lupin, Milk, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

May contain:

Molluscs, Fish

Handling Information

Directions For Use:

Always cook from frozen.

The instructions below are just a guide; do make sure our scampi is piping hot throughout before serving. Once cooled do not reheat.

Deep fry: 5 mins

Storage Instructions:

Keep in the freezer at -18.°C or colder and use by the best before date. Once defrosted please don't refreeze

Product Ingredients

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Scampi (**CRUSTACEANS**) (40%), Breadcrumbs (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast, Rapeseed oil), Batter (Water, **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Water, Stabilisers: E450, E451,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

121 kcal / 514 kJ

Fat:

0.6 g

of which saturates:

0.3 g

Carbohydrates:

20 g

of which sugars:

0.3 g

Fibre:

1.7 g

Protein:

9.4 g

Salt:

1.48 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.