



204935C Seeded Multigrain Loaf (Planete Pain)



Pack Size: 10 X 510G

Details: A part baked seeded wholemeal bloomer.

Allergen Information

Contains:

Cereal, Sesame

Free from:

Celery, Crustaceans, Fish, Gluten, Molluscs, Mustard, Peanuts, Sulphur Dioxide

May contain:

Lupin, Milk, Nuts, Eggs, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Pre-heat oven to 260°C (500°F). Place on baking trays in the centre of the oven. Bake for 15 minutes turning the trays half way through for a more even colour.

Storage Instructions:

DO NOT REFREEZE AFTER THAWING. KEEP FROZEN AT - 18°C (-0.5°F)

Product Ingredients

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WHEAT flour, water, RYE flour, buckwheat flour, yeast, salt, sunflower seeds , OAT flakes, bran WHEAT, WHEAT GLUTEN, brown linseeds, millet seeds , SESAME seeds , roasted BARLEY malt, sugar, pregelatinized WHEAT flour, WHEAT malt flour, BARLEY malt extract, flour

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

278 kcal / 1170 kJ

Fat:

3.9 g

of which saturates:

0.65 g

Carbohydrates:

47.8 g

of which sugars:

2 g

Fibre:

5.2 g

Protein:

10.8 g

Salt:

1.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.