



## 204936C Rye Bread (Planete Pain)



Pack Size: 10 X 500G

**Details:** A crusty wholesome brown loaf with a rustic appearance.

### Allergen Information

**Contains:**

Cereal

**Free from:**

Celery, Crustaceans, Peanuts, Fish, Molluscs, Mustard, Sulphur Dioxide

**May contain:**

Lupin, Milk, Nuts, Eggs, Sesame, Soya

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

Bake directly for approximately 14 minutes at 260°C turning the trays around half way through to achieve a more even bake. Adjust time and temperature according to your own oven.

**Storage Instructions:**

Do not refreeze after thawing.

Keep frozen at -18°C.

### Product Ingredients

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WHEAT flour, water, RYE flour (17%), yeast, salt, roasted BARLEY malt flour, WHEAT GLUTEN, sugar, pregelatinized WHEAT flour, WHEAT malt flour, BARLEY malt extract, flour treatment agent E300.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

242 kcal / 1018 kJ

**Fat:**

1.5 g

**of which saturates:**

0.43 g

**Carbohydrates:**

46.8 g

**of which sugars:**

2.1 g

**Fibre:**

4.4 g

**Protein:**

9 g

**Salt:**

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.