



205297C Tangy Lemon Drizzle Pudding (Cartmel)



Pack Size: 12 X 120G

Details: Made from fresh local produce. Ready in seconds in microwave from frozen or thawed or warmed in the oven in minutes.

Allergen Information

Contains:

Cereal, Eggs, Gluten, Milk

Free from:

Celery, Crustaceans, Fish, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Take off the lid and place in a preheated oven (190°C/gas mark 5) for 15-20 minutes. Alternatively, remove from the foil and put in a microwavable dish and heat on high for 40 seconds (750w/Cat D).

Storage Instructions:

Keep refrigerated below 5°C. Once opened store in a fridge covered and use within 3 days.

Product Ingredients

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Lemon Curd (25%) (Sugar, Free Range **EGG**, Water, Butter [**MILK**], Concentrated Lemon Juice, Lemon Oil, Gelling Agent [Agar]), Sugar, Self Raising Flour [Fortified **WHEAT** Flour, [**WHEAT** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Raising Agents (Diphosphates, Sodium Carbonates)], Free Range

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

398 kcal / 1674 kJ

Fat:

17.2 g

of which saturates:

9.7 g

Carbohydrates:

57 g

of which sugars:

39.8 g

Fibre:

0.9 g

Protein:

4.7 g

Salt:

0.62 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.