



205536C Aromatic Garden Burger (Paramount)



Pack Size: 20 X 150G

Details: A rustic mix of broad beans, peas, potato and spinach, seasoned with aromatic spices, lightly coated in breadcrumbs, flecked with oats and parsley.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

COOKING GUIDELINES: For best results, cook from frozen.

Deep fry: in preheated oil at 180°C for 9 " 10 minutes.

All cooking appliances vary in performance, these are guidelines only. Always check that the product is piping hot throughout before serving.

Storage Instructions:

STORAGE GUIDELINES:

Keep Frozen at "18°C or below. Do not refreeze if allowed to thaw.

Product Ingredients

Product Ingredients:

INGREDIENTS: broad beans (21%), peas (17%), spinach (14%), potato, rice flour, gram flour, water, potato starch, rapeseed oil, rice flakes, garlic, olive oil, pea flour, maize starch, maize flour, cumin, cornflour, salt, coriander, turmeric, red chilli, parsley, black pepper, cinnamon, raising agents (E450i, E500ii), thickening

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

183 kcal / 765 kJ

Fat:

8.1 g

of which saturates:

0.8 g

Carbohydrates:

20.4 g

of which sugars:

1.5 g

Fibre:

4 g

Protein:

5 g

Salt:

0.7 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.