



## 205567C Gluten Free Vegan Blackberry & Apple Crumb



Pack Size: 1 X 12

**Details:** Bramley apples and blackberries topped with crunchy gluten free demerara crumble. Suitable for vegans.

### Allergen Information

**Contains:**

Cereal

**Free from:**

Celery, Soya, Crustaceans, Sesame, Fish, Gluten, Lupin, Molluscs, Mustard, Peanuts, Sulphur Dioxide

**May contain:**

Milk, Nuts, Eggs

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Serving Instructions

1. Defrost and/or re-heat prior to serving (can be eaten hot or cold).
2. For best results reheat from frozen.

Defrosting Instructions

**Storage Instructions:**

At or below minus 18°C (0°F)

### Product Ingredients

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Blackberries (22%), apples (22%), flour blend (rice, potato, tapioca, maize, buckwheat), demerara sugar, margarine (palm oil, rapeseed oil, water, emulsifier (mono- and diglycerides of fatty acids), natural flavouring), sugar, water, demerara sugar, gluten free **OATS**, modified maize starch, natural flavouring.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

229 kcal / 962 kJ

**Fat:**

7.3 g

**of which saturates:**

2.3 g

**Carbohydrates:**

37 g

**of which sugars:**

19 g

**Fibre:**

1.5 g

**Protein:**

1.7 g

**Salt:**

0.01 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.