



## 205595C American Style Buttermilk Pancakes (Chefs



**Pack Size:** 1 X 4.8KG

**Details:** Ready baked, sweet soft pancakes made with buttermilk - a great sweet treat. Either thaw and serve cold or heat up in the microwave or oven. There are approximately 120 x 40g pancakes in a case.

### Allergen Information

**Contains:**

Cereal, Eggs, Gluten, Milk

**Free from:**

Celery, Crustaceans, Fish, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

From Frozen unless otherwise stated Microwave: From defrost for approximately 10 seconds per pancake (1600W). Oven: From defrost preheat oven 180°C/Fan 160°C/Gas Mark 4, place on a baking tray, heat for 5 mins. For best results, reheat from defrost. Defrost individual packs in the refrigerator for 8 hours. Once defrosted

**Storage Instructions:**

Keep Frozen. Store at -18°C or below

### Product Ingredients

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Water, Fortified **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Whey Powder (**MILK**), Vegetable Oil (Rapeseed), Cornflour, Buttermilk Powder (**MILK**) (1.2%), Raising Agents (E450i, E500), **WHEAT** Starch, Pasteurised Whole Free Range **EGG**, Sea Salt, Flavouring.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

237 kcal / 1001 kJ

**Fat:**

2.7 g

**of which saturates:**

0.34 g

**Carbohydrates:**

48.7 g

**of which sugars:**

18.4 g

**Fibre:**

1.3 g

**Protein:**

5.01 g

**Salt:**

0.58 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.