



## 205599C Premium Floured Bap (Kara)



Pack Size: 6 X 8

**Details:** A premium, pre-sliced, double watersplit floured bap with a smooth texture and a delicate taste.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**May contain:**

Sesame

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1 " 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days Do not refreeze.

**Storage Instructions:**

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not refreeze.

### Product Ingredients

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WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

238 kcal / 1009 kJ

**Fat:**

1.4 g

**of which saturates:**

0.2 g

**Carbohydrates:**

46.6 g

**of which sugars:**

3.8 g

**Fibre:**

2.8 g

**Protein:**

8.6 g

**Salt:**

0.9 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.