



205607C Pioneer Pasty



Pack Size: 30 X 200G

Details: A hand-crimped 'D' shaped pasty with a delicious minced beef and vegetable filling. Also known as 'the Brunton pasty' by supporters of Carlisle United!

Allergen Information

Contains:

Cereal, Sulphur Dioxide, Eggs, Gluten

Free from:

Crustaceans, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Celery, Soya

Handling Information

Directions For Use:

For best results cook from frozen. (paint with egg wash to enhance appearance)
Place on a baking tray in a preheated oven at 180°/ 350°F/ gas mark 4 for approximately 30-35 minutes in the centre of the oven.
Ensure product is thoroughly cooked before serving.

Storage Instructions:

Store Below -18°C
Once thawed do not refreeze.

Product Ingredients

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Puff Pastry Discs- **WHEAT** Flour (Calcium, Iron, Niacin, Thiamine)
Margarine (Palm Oil/ Rapeseed Oil, Water, Salt) Water, Salt, Preservative (E202).
Water. Beef Steak Mince 13%, Tyke Premier Pasty Mix - Dried Potato
(**SULPHITES**), Salt, Dried Onion (**SULPHITES**), Dried Carrot,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

218 kcal / 921 kJ

Fat:

12 g

of which saturates:

5.4 g

Carbohydrates:

21 g

of which sugars:

1.1 g

Fibre:

No Data

Protein:

6.3 g

Salt:

0.62 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.