

# 205710C Ciabatta (Chefs Selections)



Pack Size: 50 X 120G

**Details:** This light soft ciabatta has a rustic look with a honeycombed texture. Made in France.

### Allergen Information

#### Contains:

Cereal

#### Free from:

Celery, Crustaceans, Sulphur Dioxide, Fish, Lupin, Molluscs, Mustard, Peanuts, Soya

### May contain:

Milk, Nuts, Sesame, Eggs

### Suitable for:

Vegetarians, Vegan

# Handling Information

#### Directions For Use:

Bake from frozen for approximately 10-12minutes at 200°C turning the trays around halfway through to achieve a more even bake. Adjust time and temperature according to your own oven

### Storage Instructions:

Keep frozen at -18°C or colder. Do not refreeze if allowed to thaw.

### Product Ingredients

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WHEAT Flour, Water, Durum WHEAT Semolina, Salt, Yeast, WHEAT Gluten, Malted WHEAT Flour.

# Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

243 kcal / 1029 kJ

# Fat:

1.1 g

# of which saturates:

0.3 g

# Carbohydrates:

49.2 g

### of which sugars:

2.9 g

### Fibre:

2.4 g

### Protein:

7.8 g

#### Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.