



205745C Traditional Cornish Pasty (Proper Cornish)



Pack Size: 20 X 283G

Details: A traditional Cornish pasty made in Cornwall to an authentic protected recipe of fresh Cornish potatoes, swede and onions, mixed with diced beef and encased in a hand crimped pastry.

Allergen Information

Contains:

Cereal, Milk

Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Bake from frozen in a conventional oven.

Arrange frozen products on a baking tray and place into a pre-heated fan oven at 180 C/Gas mark 6. Bake for approximately 45-55 minutes until golden brown. (Guideline only, as appliances vary).

Storage Instructions:

Keep frozen, store at -18 C.

Do not re-freeze if products have been allowed to thaw.

Use within durability date.

Handle boxes with care.

Product Ingredients

Product Ingredients:

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potato, Beef (12.5%), Vegetable Margarine (Vegetable Oils and Fats [Palm], Water, Salt, Lemon Juice), Water, Swede, Onion, White Shortening (Vegetable Oils and Fats [Palm, Rapeseed], Water, Salt, Lemon Juice), Salt, Cornflour, Black Pepper, Glaze

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

244 kcal / 1022 kJ

Fat:

12.5 g

of which saturates:

6.5 g

Carbohydrates:

28.1 g

of which sugars:

1 g

Fibre:

1.7 g

Protein:

5.7 g

Salt:

0.79 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.