



205764C Southern Fried Chicken Goujons (Chefs Sele



Pack Size: 2X1KG BOX

Details: Whole muscle chicken breast strips coated in a seasoned Southern fried crispy breadcrumb.

Allergen Information

Contains:

Cereal, Celery, Gluten

Free from:

Crustaceans, Eggs, Fish, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Preheat the oven to 200°C/Fan 180°C/Gas Mark 6, and cook for 15-20 minutes. Place in moderately hot oil 180°C/ 356°F for 4-6 minutes

Storage Instructions:

Store at or below -18°C

Product Ingredients

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Chicken inner fillet (62%), Water, Tapioca starch, Salt, Modified Tapioca Starch, **WHEAT GLUTEN**, **WHEAT** Flour, Onion Powder, Natural Flavour, Garlic powder, Spices (White Pepper, Black Pepper, Garlic, Onion, **CELERY**, Oregano, Fennel), Yeast extract, Leavening (Sodium Acid Pyrophosphate, sodium bicarbonate),

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

210 kcal / 878 kJ

Fat:

9.2 g

of which saturates:

3.9 g

Carbohydrates:

17 g

of which sugars:

1.2 g

Fibre:

No Data

Protein:

14.1 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

