



205812S Squid Tubes (Clear Seas)



Pack Size: 1KG BAG

Details: Individually quick frozen raw squid tubes, size U/5.

Allergen Information

Contains:

Molluscs

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Fish, Lupin, Milk, Gluten, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

Defrost thoroughly before cooking. This product is raw, ensure fully cooked before consumption.

Storage Instructions:

Keep frozen at -18oC or below. Do not refreeze once defrosted.

Product Ingredients

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Squid (MOLLUSCS) (85%), Water, Salt, Stabilisers E330, E450.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

92 kcal / 385 kJ

Fat:

1.4 g

of which saturates:

0.4 g

Carbohydrates:

3.1 g

of which sugars:

0 g

Fibre:

No Data

Protein:

15.6 g

Salt:

0.1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

