

205813C Whitebait (Sea Dragon)



Pack Size: 18 X 454G

Details: Individually frozen, raw whole whitebait.
Wild caught 'Sprattus Sprattus' are very small fish, with a delicate flavour and best served whole.
Perfect for coating in a light batter and deep frying.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

This product is raw and should be fully cooked prior to consumption.

Storage Instructions:

Store at -18°C or below.

Product Ingredients

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Whitebait (**FISH**).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

167 kcal / 696 kJ

Fat:

10.5 g

of which saturates:

0 g

Carbohydrates:

0 g

of which sugars:

0 g

Fibre:

No Data

Protein:

16.8 g

Salt:

0.6 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

