



205820S Breaded Butterfly King Prawns (Pacific Wes



Pack Size: 500G PKT

Details: Succulent prawns in a light crispy and crunchy breadcrumb.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten, Molluscs

Free from:

Celery, Sesame, Peanuts, Nuts, Lupin, Mustard

May contain:

Milk, Fish, Eggs, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Cook product before consumption. For best results, cook from frozen. We recommend this product is Deep Fried.

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 3-4 minutes or until golden brown.

Storage Instructions:

Keep Frozen. Store at -18°C or below. Do not refreeze once thawed.

Product Ingredients

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Prawns ((CRUSTACEANS), Stabilisers (E450, E451)) (50%), Breadcrumb (27%) (WHEAT Flour, Palm Oil, Sugar, Salt), Batter (23%) (WHEAT Flour, Water, Squid Extract Powder (MOLLUSCS), Salt, Raising Agents (E450, E500), Flavour Enhancer (E621), Sugar).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

120 kcal / 505 kJ

Fat:

1 g

of which saturates:

0.7 g

Carbohydrates:

13 g

of which sugars:

4.8 g

Fibre:

4.7 g

Protein:

12 g

Salt:

1 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.