



205821C Chilli Mango Prawns (Pacific West)



Pack Size: 10 X 500G

Details: Butterflied prawns spread with a spicy mango chilli jam and hand crumbed.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten

Free from:

Celery, Sesame, Peanuts, Nuts, Lupin, Mustard

May contain:

Molluscs, Milk, Fish, Eggs, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 4-5 minutes or until golden brown.

Conventional Oven: Preheat oven to 220°C (Gas Mark 7). Place frozen prawns on a pre-heated baking rack and bake for 14-16 minutes or until golden brown, turning over

Storage Instructions:

Keep Frozen. Store at -18°C or below. Do not refreeze once thawed.

Product Ingredients

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Prawn (**CRUSTACEANS**) Stabilisers (E450,E451) (Metapenaeus spp - Caught in Indian Ocean) (35%), Sauce [Sugar, Thickener (E1404), Salt, Citric Acid (E330), Chilli, **WHEAT** Flour, Mango Flavour, Colour (E100)], Coating [**WHEAT** Flour, Water, Palm Oil, Thickeners (E1420, E412), Corn Flour, Rice Flour, Salt,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

230 kcal / 960 kJ

Fat:

11 g

of which saturates:

1.6 g

Carbohydrates:

25 g

of which sugars:

9.5 g

Fibre:

2.7 g

Protein:

5.6 g

Salt:

1.75 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.