



## 205822C Panko Coated Prawns (Pacific West)



Pack Size: 10 X 500G

**Details:** Moist succulent prawns in a coarse Japanese crumb.

### Allergen Information

**Contains:**

Cereal, Crustaceans, Gluten, Molluscs

**Free from:**

Celery, Sesame, Peanuts, Lupin, Mustard, Nuts

**May contain:**

Milk, Fish, Eggs, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 3-4 minutes or until golden brown.

**Storage Instructions:**

Keep Frozen. Store at -18°C or below. Do not refreeze once thawed.

### Product Ingredients

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Prawns [**CRUSTACEANS**, Stabilisers (E450, E451)], (Metapenaeus spp) (50%), Breadcrumb (27%) [**WHEAT** Flour, Palm Oil, Sugar, Salt], Batter (23%) [Rice Flour, Water, Thickener (E1442), Sugar, Squid Extract Powder (**MOLLUSCS**), Salt, Flavour Enhancer (E621)]

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

147 kcal / 622 kJ

**Fat:**

1.6 g

**of which saturates:**

1 g

**Carbohydrates:**

23.9 g

**of which sugars:**

1.4 g

**Fibre:**

0.9 g

**Protein:**

8.8 g

**Salt:**

1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

