



205822S Panko Coated Prawns (Pacific West)



Pack Size: 500G PKT

Details: Moist succulent prawns in a coarse Japanese crumb.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten, Molluscs

Free from:

Celery, Sesame, Peanuts, Lupin, Mustard, Nuts

May contain:

Milk, Fish, Eggs, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 3-4 minutes or until golden brown.

Storage Instructions:

Keep Frozen. Store at -18°C or below. Do not refreeze once thawed.

Product Ingredients

Product Ingredients:

Prawns [**CRUSTACEANS**, Stabilisers (E450, E451)], (Metapenaeus spp) (50%), Breadcrumb (27%) [**WHEAT** Flour, Palm Oil, Sugar, Salt], Batter (23%) [Rice Flour, Water, Thickener (E1442), Sugar, Squid Extract Powder (**MOLLUSCS**), Salt, Flavour Enhancer (E621)]

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

147 kcal / 622 kJ

Fat:

1.6 g

of which saturates:

1 g

Carbohydrates:

23.9 g

of which sugars:

1.4 g

Fibre:

0.9 g

Protein:

8.8 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.