



205824C Tempura Torpedo Prawns (Pacific West)



Pack Size: 10 X 500G

Details: Large prawns in a bubbly crisp Japanese style tempura coating. 23-28 pieces per pack.

Allergen Information

Contains:

Cereal, Crustaceans, Soya

Free from:

Lupin, Mustard, Nuts, Peanuts, Sesame, Celery

May contain:

Eggs, Fish, Milk, Molluscs, Sulphur Dioxide

Handling Information

Directions For Use:

Deep Fry: Preheat oil to 180°C. Deep fry frozen prawns for 2-3 minutes or until golden brown.

Conventional Oven: Preheat oven to 220°C. Place frozen prawns on a pre-heated baking rack and bake for 16-18 minutes or until golden brown, turning over halfway through

Storage Instructions:

Keep frozen. Store at or below minus 18°C. Do not refreeze once thawed.

Product Ingredients

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Prawn [**CRUSTACEANS**, Stabilisers (E450, E451)] (50%), Coating [**WHEAT** Flour, Water, Palm Oil, Thickeners (E1404, E1420), Raising Agents (E450, E500), Salt, Sugar, Onion, **SOYA** Sauce Powder (**SOYA**, Salt, **WHEAT** Flour, Water), Flavour Enhancer (E621), Garlic, Pepper]

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

194 kcal / 812 kJ

Fat:

10.2 g

of which saturates:

4.7 g

Carbohydrates:

13.9 g

of which sugars:

2.5 g

Fibre:

2.9 g

Protein:

10.3 g

Salt:

0.9 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.