



205903C Roeless Scallops U/20 (Arctic Royal)



Pack Size: 10 X 1KG

Details: Individually quick frozen raw sea caught scallops, with the roe removed.
A count of 10-20 per lb. The bag weight is 1kg which nets down to 600g excluding the protective ice glaze.

Allergen Information

Contains:

Molluscs

Free from:

Cereal, Celery, Sesame, Crustaceans, Eggs, Fish, Lupin, Milk, Gluten, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

Suitable for:

Coeliacs

Handling Information

Directions For Use:

Remove the scallops from the packaging, place into a dish, cover and defrost overnight in a refrigerator. Ensure fully defrosted before use. Drain before cooking. Once defrosted, keep refrigerated and use within 24hrs. This product is raw and should be thoroughly cooked before serving.

Storage Instructions:

Keep frozen at -18°C or lower. Do not refreeze once defrosted.

Product Ingredients

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Scallop (71%) (MOLLUSCS), Water, Stabiliser Sodium Triphosphate.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

69 kcal / 289 kJ

Fat:

0.5 g

of which saturates:

0.1 g

Carbohydrates:

3.2 g

of which sugars:

0 g

Fibre:

No Data

Protein:

12 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.