



205904C Prawns in Filo Pastry (Pacific West)



Pack Size: 10 X 500G

Details: Marinated prawns hand wrapped in crispy filo pastry.

Allergen Information

Contains:

Cereal, Crustaceans

Free from:

Celery, Sesame, Peanuts, Nuts, Lupin, Mustard

May contain:

Molluscs, Milk, Fish, Eggs, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Cook product before consumption. For best result, cook from frozen. We recommend this product is Deep Fried.

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 4-5 minutes or until golden brown.

Storage Instructions:

Keep Frozen.

Store at -18°C or below. Do not refreeze once thawed.

Product Ingredients

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Prawns [CRUSTACEANS, Stabilisers (E450, E451)] (50%), Pastry (45%)
[WHEAT Flour, Water, Palm Oil, Salt], Sugar, Salt, Flavour Enhancer (E621),
Garlic, Pepper.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

164 kcal / 694 kJ

Fat:

1.9 g

of which saturates:

0.3 g

Carbohydrates:

24.9 g

of which sugars:

2 g

Fibre:

2.5 g

Protein:

10.6 g

Salt:

1.25 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.