



## 205904S Prawns in Filo Pastry (Pacific West)



**Pack Size:** 500G PKT

**Details:** Marinated prawns hand wrapped in crispy filo pastry.

### Allergen Information

**Contains:**

Cereal, Crustaceans

**Free from:**

Celery, Sesame, Peanuts, Nuts, Lupin, Mustard

**May contain:**

Molluscs, Milk, Fish, Eggs, Sulphur Dioxide, Soya

**Suitable for:**

Halal

### Handling Information

**Directions For Use:**

Cook product before consumption. For best result, cook from frozen. We recommend this product is Deep Fried.

Deep Fry. Preheat oil to 180°C. Deep fry frozen prawns for 4-5 minutes or until golden brown.

**Storage Instructions:**

Keep Frozen.

Store at -18°C or below. Do not refreeze once thawed.

### Product Ingredients

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Prawns [CRUSTACEANS, Stabilisers (E450, E451)] (50%), Pastry (45%)  
[WHEAT Flour, Water, Palm Oil, Salt], Sugar, Salt, Flavour Enhancer (E621),  
Garlic, Pepper.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

164 kcal / 694 kJ

**Fat:**

1.9 g

**of which saturates:**

0.3 g

**Carbohydrates:**

24.9 g

**of which sugars:**

2 g

**Fibre:**

2.5 g

**Protein:**

10.6 g

**Salt:**

1.25 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.