



## 205911C Raw Peeled Deveined Premium King Prawns (2



**Pack Size:** 10 X 1KG

**Details:** Raw peeled and de-veined North Atlantic prawns.  
Use in curries, pasta dishes, risottos and tapas dishes.

### Allergen Information

**Contains:**

Crustaceans

**Free from:**

Cereal, Celery, Sesame, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**Suitable for:**

Coeliacs

### Handling Information

**Directions For Use:**

Cooking instructions: For the best results defrost before cooking.  
Defrost at room temperature for approx. 3 hours or overnight in refrigerator. Once defrosted keep refrigerated and consume within 24 hours.  
This product contains raw prawns and must be cooked thoroughly. These instructions

**Storage Instructions:**

Keep frozen at -18 °C  
Star marked frozen food compartment:  
\* 1 week (at -6°C)  
\*\* 1 month (at -12°C)

### Product Ingredients

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Prawns (CRUSTACEANS), Water, Salt, Stabilisers; E451. E452. E339.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

59 kcal / 249 kJ

**Fat:**

0.3 g

**of which saturates:**

0.1 g

**Carbohydrates:**

0.5 g

**of which sugars:**

0.5 g

**Fibre:**

0.5 g

**Protein:**

13.7 g

**Salt:**

2.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.