



205941C Sweet Potato Falafel (Daloon)



Pack Size: 90 X 22G

Details: Made with sweet potato, chickpeas, tomato, apricot for a hint of sweetness and a blend of spices.

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

COOKING GUIDELINES

For best results cook from frozen. Remove products from packaging.

Ovenbake: Preheat oven to 200°C/400°F/Gas 6. Place on a baking tray and cook for approximately 16-18 minutes. For fan assisted ovens, cooking time should be reduced.

Storage Instructions:

Keep frozen

Product Ingredients

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Sweet Potato (25%), Carrot, Chickpeas (15%), Onion, Rice Flour, Rapeseed Oil, Apricot, Dried Potato, Tomato Sauce (Water, Sugar, Tomato Puree, Spirit Vinegar, Cornflour, Salt, Cinnamon, Cayenne Pepper) Water, Cumin, Tomato Purée, Garlic Purée [Garlic, Acidity Regulator (Citric Acid)], Coriander Powder, Salt, Raising Agents

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

156 kcal / 655 kJ

Fat:

5 g

of which saturates:

0.9 g

Carbohydrates:

16.9 g

of which sugars:

9.6 g

Fibre:

7.5 g

Protein:

4.6 g

Salt:

0.89 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.