

# 205978S Mini Vegetable Spring Rolls (Tsingtao)

Pack Size: 1 X 50 PKT

**Details:** Stir fried mixed vegetables with oriental style sauce then wrapped with pastry.

## Allergen Information

## Contains:

Cereal, Soya, Sesame, Gluten

### Free from:

Celery, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Fish, Sulphur Dioxide, Crustaceans

#### Suitable for: Vegetarians, Vegan

## Handling Information

**Directions For Use:** For best results cook from frozen. Cooking instructions are a guideline only. Ensure product is thoroughly cooked before serving. Heat the oil to 180, fand fry for approximately 3 minutes

## Storage Instructions:

Keep frozen. Store at -18°C or colder. Do not refreeze once defrosted.

## Product Ingredients

**Product Ingredients:** Vegetables (47%) (Cabbage, Carrot, Green Beans, Onion, Mushroom), Water, **WHEAT** Flour, Mung Bean Vermicelli (Mung Bean Starch, Green Pea Starch), Corn Oil, Corn Starch, **SOYA** Protein, Sugar, Ginger, Garlic, **SESAME** Oil, Pepper

## Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

173 kcal / 727 kJ

**Fat:** 5.1 g

of which saturates: 1.4 g

Carbohydrates: 26 g

of which sugars: 2.1 g

Fibre: No Data

Protein: 4.8 g

**Salt:** 1.2 g OUALITY SINCE

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.