

### 205998C Singapore Noodles (Authentic)



Pack Size: 18 X 350G

Details: Egg noodles with mixed vegetables in a spicy oriental style sauce.

### Allergen Information

#### Contains:

Cereal, Soya, Eggs, Sesame, Gluten

### Free from:

Crustaceans, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Fish, Sulphur Dioxide, Celery

### Suitable for:

Vegetarians

# Handling Information Directions For Use:

Cook from frozen.

OVEN (200°C/GAS 6): Pierce film lid several times. Place on a baking tray in pre-heated oven, middle shelf and cook for 25 minutes. Stir thoroughly and cook for a further 15 minutes. Ensure product is piping hot throughout before serving.

### Storage Instructions:

Keep frozen at "18°C or below

### Product Ingredients Product Ingredients:

Cooked Egg Noodles (43%) [Egg Noodles (Water, Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole EGG, Raising Agents (Potassium Carbonates, Sodium Carbonates), Salt, Colour (Carotenes)), Sunflower Oil], Vegetables (33%) (Carrot, Red Pepper, Onion, Spinach), Water,

## Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal)

### Energy:

140 kcal / 587 kJ

### Fat:

6.1 g

### of which saturates:

0.8 g

### Carbohydrates:

18.17 g

### of which sugars:

 $4.7 \, g$ 

### Fibre:

 $0.9 \, q$ 

### Protein:

2.67 g

### Salt:

1.21 q



All product information is correct at time of upload. Information may change so please check the packaging before use.

If or	allergen informat speak with our QA	ion is not presented Department.	here,	please	obtain	it	from	the	product	packaging