



206043C Basmati Rice Sachets (Tilda)



Pack Size: 36 X 200G

Details: Frozen individual portions of basmati rice.

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Hob: Place the frozen product in a saucepan with boiling water. Bring back to the boil and simmer for 5 minutes. Drain and season to taste.

Pan Fry: Place the frozen contents in a frying pan with hot oil. Stir over a medium heat for 5 minutes, stirring continuously and then season to taste.

Storage Instructions:

Frozen -18C

Product Ingredients

Product Ingredients:

100% Frozen Parboiled Basmati Rice

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

116 kcal / 491 kJ

Fat:

0.2 g

of which saturates:

0.1 g

Carbohydrates:

26.2 g

of which sugars:

0.4 g

Fibre:

0.7 g

Protein:

2.7 g

Salt:

0.1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

