

206049C Coated Sweet Potato Fries (Chef's Selectio



Pack Size: 4 X 2.5KG

Details: These sweet potato fries do have the real taste of sweet potatoes thanks to their shape and are very crispy on the outside. They have a rustic look and offer a delicious alternative to your usual potatoes.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

For best results, cook from frozen.

Preparation in the oven: Bake the frozen product for approx. 20-25 min. in a preheated oven at 220°C.

Preparation in the deep-fryer: Fry the frozen product for approx. 3-5 min. in cooking

Storage Instructions:

Frozen product, store below -18°C . Do not refreeze once defrosted. Once defrosted, keep refrigerated and use within 4 days.

Product Ingredients

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Sweet Potatoes (89%), Sunflower Oil (7%), Seasoning (Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Spices (Bell Pepper, Black Pepper), Garlic Powder, Onion Powder, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Thickener (Xanthan Gum), Paprika Extract).

Nutritional Information

Typical Values per 100g/ml:
Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

129 kcal / 538 kJ

Fat:

5.3 g

of which saturates:

0.7 g

Carbohydrates:

17.1 g

of which sugars:

10.4 g

Fibre:

2.9 g

Protein:

1.6 g

Salt:

 $0.3 \, g$



All product information is correct at time of upload. Information may change so please check the packaging before use.

If or	allergen informat speak with our QA	ion is not presented Department.	here,	please	obtain	it	from	the	product	packaging