



## 206076S Medium Cold Water Prawns (Chefs Selections)



**Pack Size:** 1.2KG BAG

**Details:** Frozen, cooked and peeled medium prawns, with a count of 250-350 per lb. The bag weight is 2kg which nets down to 1.2kg excluding the protective ice glaze.

### Allergen Information

**Contains:**  
Crustaceans

**Free from:**  
Cereal, Celery, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**  
For best results allow the prawns to defrost overnight in a refrigerator, alternatively the prawns can be defrosted in a cool room for 2 hours. Once defrosted, drain off excess liquid and serve. If not served immediately, cover and keep refrigerated below 5°C and use within 48 hours

**Storage Instructions:**  
Frozen product, store below -18°C. Do not refreeze once defrosted.

### Product Ingredients

**Product Ingredients:**  
Prawns (CRUSTACEAN), Salt.

### Nutritional Information

**Typical Values per 100g/ml:**  
Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**  
64 kcal / 269 kJ

**Fat:**  
0.6 g

**of which saturates:**  
0.1 g

**Carbohydrates:**  
0.1 g

**of which sugars:**  
0.1 g

**Fibre:**  
0.1 g

**Protein:**  
14.5 g

**Salt:**  
1.9 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

