

# 206079C CheesOs (Golden Crumb)



Pack Size: 5 X 1KG

Details: Giant rings of Cheddar and Monterey Jack cheeses with diced red onion in a crisp panko crumb.45gm per ring approx 22 per 1kg.

## Allergen Information

#### Contains:

Cereal, Soya, Gluten, Milk

#### Free from:

Crustaceans, Sesame, Fish, Lupin, Molluscs, Nuts, Peanuts, Sulphur Dioxide, Celery

### May contain:

Mustard, Eggs

#### Suitable for:

Vegetarians

## Handling Information

### Directions For Use:

For the Best Results: Cook From Frozen.

The following instructions are guidelines only. Ensure the product is thoroughly cooked and piping hot before serving.

Oven: Pre-heat oven to fan 180°C / Gas 6. Place product in a single layer on a baking

### Storage Instructions:

Store at -18C or colder

## Product Ingredients

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Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin) Monterey Jack Cheese (MILK) (17%) Mild Coloured Cheddar (MILK) (17%) (Colour: Annatto Norbixin) Water, Vegetable Oils (Sunflower, Rapeseed, in Varying Proportions) Red Onion (9%) Potato Starch, SOYA Flour, WHEAT Starch, Dried Parsley,

# Nutritional Information Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

## Energy:

330 kcal / 1381 kJ

# Fat:

21.3 g

# of which saturates:

8.3 g

## Carbohydrates:

23.4 g

## of which sugars:

 $1.5 \, g$ 

## Fibre:

1.2 g

#### Protein:

 $12.1 \, q$ 

#### Salt:

 $1.4 \, g$ 



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.