



206123C Gluten Free Vegan Super Flapjack (Sidoli)



Pack Size: 1 X 12PP

Details: This is super foods on a whole new level and is packed with so many fabulous ingredients; chopped dates, apricots, sultanas, goji berries, pecans, pumpkin seeds and vegan chocolate chips.

Allergen Information

Contains:

Cereal, Soya, Sulphur Dioxide, Nuts

Free from:

Celery, Fish, Lupin, Molluscs, Mustard, Peanuts, Sesame, Crustaceans

May contain:

Milk, Eggs

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Handling Instructions:

Defrost prior to serving. Store in a gluten free environment. Keep refrigerated once defrosted. Use within 72 hours of defrost. Do not re-freeze once defrosted.

Defrosting Instruction:

Storage Instructions:

At or below minus 18°C (0°F).

Product Ingredients

Product Ingredients:

Gluten free OATS, golden syrup, dates, dried apricots (apricot, rice flour, preservative (SULPHUR dioxide)), margarine (palm oil, rapeseed oil, water, emulsifier (mono- and diglycerides of fatty acids), natural flavouring), coconut oil, brown sugar, sultanas, desiccated coconut, chocolate chips (sugar, cocoa

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

435 kcal / 1821 kJ

Fat:

19.7 g

of which saturates:

9.8 g

Carbohydrates:

57 g

of which sugars:

36 g

Fibre:

6.4 g

Protein:

4.2 g

Salt:

0.19 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.