



## 206140C Salmon Fish Fingers (Green Gourmet)



**Pack Size:** 100 X 30G

**Details:** Responsibly sourced wild salmon fillet in a unique breaded coating, free from wheat, gluten and dairy.

### Allergen Information

**Contains:**

Fish

**Free from:**

Cereal, Celery, Sesame, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sulphur Dioxide, Soya

**Suitable for:**

Coeliacs

### Handling Information

**Directions For Use:**

Cook from frozen on a lined baking tray for around 15-18 minutes (Gas 6/220°C/425°F; less for convection ovens). Check product is a minimum of 75°C (or to national standards) before serving. If storing in a hot cupboard, keep covered to prevent drying out.

**Storage Instructions:**

Store below -18°C. If allowed to defrost, do not refreeze.

CAUTION: ALTHOUGH CARE HAS BEEN TAKEN TO REMOVE ALL BONES, SOME BONES MAY REMAIN.

### Product Ingredients

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Salmon (*Oncorhynchus* spp) (50%)(**FISH**), Rice Flour, Water, Maize Flour, Sunflower Oil, Modified Starch, Maize Starch, Stabiliser (Methylcellulose), Dextrose, Vegetable Fibre (Bamboo), Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Raising Agents (Sodium Carbonates, Diphosphates)

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

262 kcal / 1096 kJ

**Fat:**

11 g

**of which saturates:**

1.6 g

**Carbohydrates:**

28.8 g

**of which sugars:**

0.7 g

**Fibre:**

1.1 g

**Protein:**

11.2 g

**Salt:**

0.4 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.