



## 206144C Squash & Red Onion Tagine (Scheff Foods)



**Pack Size:** 12 X 350G

**Details:** Roasted butternut squash and red onion wedges in a sweetly spiced tagine style sauce, flavoured with orange, cinnamon, cranberries and sultanas.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide

**May contain:**

Nuts

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

From Frozen, place it in boiling water for 10 - 15 minutes. Decant into serving dish ready to serve. Ensure product is thoroughly heated before serving.

**Storage Instructions:**

-18°C or below, Once defrosted do not re-freeze

### Product Ingredients

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Cooked Butternut Squash (23%) (Contains: Rapeseed Oil), Tomato, Water, Cooked Red Onion (10%) (Contains: Rapeseed Oil), Chickpeas (Contains: Water, Salt), Onion, Orange Juice, Dried Cranberry (3%) (Contains: Sugar, Sunflower Oil), Tomato Puree, Rapeseed Oil, Spices, Sugar, Ginger Puree, Garlic Puree, Sultana (Contains: Sunflower

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

95 kcal / 397 kJ

**Fat:**

4 g

**of which saturates:**

0.3 g

**Carbohydrates:**

11.8 g

**of which sugars:**

7.1 g

**Fibre:**

2.5 g

**Protein:**

2 g

**Salt:**

0.64 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.