



## 206156C Bowl Bread (PanESCO)



**Pack Size:** 36 X 125G

**Details:** Emptied, round bread to fill with soups or salads. The top is cut off and flour dusted and functions as the lid.

### Allergen Information

**Contains:**

Cereal, Sesame, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Fish, Sulphur Dioxide, Soya

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Bake from frozen. Preheat oven to 230°C. Bake at 200°C for 3 - 4 minutes.

**Storage Instructions:**

Keep at -18 °C.

Do not refreeze after defrosting

### Product Ingredients

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sourdough (**RYE**), flour (**WHEAT, RYE**), water, yeast, sunflower seeds, salt, rapeseed oil, linseed, **SESAME SEEDS**, poppy seeds, malt flour (**WHEAT, BARLEY**), antioxidant (ascorbic acid).

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

260 kcal / 1101 kJ

**Fat:**

3.2 g

**of which saturates:**

0.3 g

**Carbohydrates:**

49 g

**of which sugars:**

1 g

**Fibre:**

4 g

**Protein:**

6.9 g

**Salt:**

1.3 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

