



206231C Quinoa, Beet & Edamame Burger (Paramount)



Pack Size: 24 X 88G

Details: An uncoated burger made with a mix of quinoa, beetroot, edamame and mushrooms, spiced with chillies, smoked paprika, ginger, garlic and soy, finished with a citrus twist.

Allergen Information

Contains:

Soya

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Gluten, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Halal, Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

COOKING GUIDELINES: For best results, cook from frozen.

Deep fry in preheated oil at 180°C for 7 " 8 minutes.

Oven bake: preheat the oven and the baking tray to 200°C. Brush both sides of the burger with vegetable oil. Place the product on the baking tray and cook for 20

Storage Instructions:

Keep frozen at -18°C or below. Do not refreeze if allowed to thaw.

Product Ingredients

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INGREDIENTS: quinoa (28%), black turtle beans, yellow pepper, gluten free plain flour [rice flour, potato starch, tapioca starch, maize flour, buckwheat flour], beetroot (7%), edamame beans (**SOY**) (6%), chestnut mushrooms (4%), onions, pumpkin seeds (2%), **SOY** sauce [water, **SOYBEAN**, salt, spirit

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

187 kcal / 786 kJ

Fat:

3 g

of which saturates:

0.5 g

Carbohydrates:

29.4 g

of which sugars:

3.5 g

Fibre:

4.4 g

Protein:

8.2 g

Salt:

0.98 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.