



206258C Lemon Pepper Salmon Portions (Pacific West)



Pack Size: 10X140-160

Details: Skinless and boneless Atlantic salmon fillet portions seasoned with lemon and pepper.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

OVEN BAKE

For best results cook from frozen Pre heat oven to 200°C gas mark 6, remove all packaging and wrap loosely in foil. Bake in the centre of the oven for 15-20 minutes or until cooked thoroughly through.

Storage Instructions:

Keep frozen -18C. If defrosted do not refreeze

Product Ingredients

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Farmed Atlantic Salmon (Salmo salar) (**FISH**), water , Salt (98%), Coating (2%) [cane sugar, Spices (pepper 19%, chilli, garlic, turmeric) hydrolysed vegetable protein (rape corn), red pepper, salt, lemon peel (8%), millet seeds, citric acid (E330) lemon oil]

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

178 kcal / 744 kJ

Fat:

10.7 g

of which saturates:

2.3 g

Carbohydrates:

1 g

of which sugars:

0.5 g

Fibre:

No Data

Protein:

19.5 g

Salt:

0.14 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.