



206259S Calamari Bites (Pacific West)



Pack Size: 400G BAG

Details: Tofu and squid balls, crumbed and covered in a rice paper.
These award-winning bites from Pacific West are ideal for starters, seafood combination platters or stylish street food dishes.

Allergen Information

Contains:

Cereal, Molluscs, Soya

Free from:

Eggs, Sulphur Dioxide, Gluten, Lupin, Milk, Celery, Mustard, Nuts, Peanuts, Sesame

May contain:

Fish, Crustaceans

Handling Information

Directions For Use:

Cook product before consumption. For best results , cook from frozen
Deep Fry. Preheat oil to 170 degrees C. Deep fry 3-4 minutes.

Storage Instructions:

KEEP FROZEN

STORE AT OR BELOW -18 DEGREES C

DO NOT REFREEZE IF ALLOWED TO THAW

Product Ingredients

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Squid 44% (**MOLLUSC**, Dosiducus gigas - wild caught, FAO area 87) ,Onion, Tofu sauce,[Tofu (**SOYBEANS**, Water,Magnesium chloride, Calcium sulfate), Coconut milk, Refined Soybean oil, **WHEAT** Flour, Water], Rice flour, Water, Modified tapioca starch (E1420), Refined soybean oil, Tapioca starch, **WHEAT** flour,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

238 kcal / 966 kJ

Fat:

15.9 g

of which saturates:

2.4 g

Carbohydrates:

27.1 g

of which sugars:

2.5 g

Fibre:

1.1 g

Protein:

8.3 g

Salt:

1.3 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.