



206313C Cumberland Rings (Blakemans)



Pack Size: 4 X 1.135K

Details: A flavourful sausage with a smooth texture. These rings are a classic Cumberland flavour, formed in a traditional ring shape.

Allergen Information

Contains:

Cereal, Sulphur Dioxide, Gluten, Soya

Free from:

Fish, Crustaceans, Sesame, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Celery, Eggs

Suitable for:

Lactose Intolerance

Handling Information

Directions For Use:

For best results cook from frozen in a pre-heated oven at 200°C/gas mark 5. Place the product on a baking tray and cook for approximately 20-25 minutes until thoroughly cooked before serving. fan ovens will vary and reduce cooking times and temperature appropriately.

Storage Instructions:

Keep frozen at -18°C

Product Ingredients

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Pork (50%), Water, Rusk (Contains **WHEAT** Flour, fortified with Calcium Carbonate, Iron, Niacin, Thiamin), Pork Fat, Potato Starch, **SOYA** Protein Isolate, Salt, Sugar, Spices (White Pepper, Nutmeg, Ginger, Mace, Black Pepper), Herb (Parsley, Sage), Stabilisers (E450(iii), (E451)), Dextrose,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

278 kcal / 1156 kJ

Fat:

22.35 g

of which saturates:

8.42 g

Carbohydrates:

6.3 g

of which sugars:

1.4 g

Fibre:

1.35 g

Protein:

17.7 g

Salt:

1.49 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.