

206478C Moving Mountains No-Meatballs



Pack Size: 2 X 1KG

Details: These are made from all natural plant-based ingredients and perfectly seasoned with herbs. Their juicy meaty taste makes these deliciously succulent plant-based meatballs the perfect addition to any dish or on their own as a snack. Suitable for vegans.

Allergen Information

Contains:

Cereal, Soya

Free from:

Celery, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Crustaceans

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Preparation:

Equipment:

- Frying pan, spatula

Total cooking time 10mins approx.

Storage Instructions:

KEEP FROZEN - below -18°C.

Product Ingredients

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water, vegetable (mushroom, onion, beetroot), vegetable protein (SOY protein isolate, SOY protein concentrate, pea protein isolate), rice, **WHEAT** gluten, **WHEAT** flour, vegetable oil (coconut, sunflower), natural flavour, dietary fibre (OAT), methylcellulose, sodium alginate, sea salt, dextrose, vinegar, lemon

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

250 kcal / 1035 kJ

Fat:

18.7 g

of which saturates:

10.2 g

Carbohydrates:

6.1 g

of which sugars:

1 g

Fibre:

6.1 g

Protein:

11 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.