



206495C Salt & Pepper Crispy Shredded Chicken (Mea



Pack Size: 4 X 1KG

Details: Chicken breast fillets cut into strips, in a crispy salt and pepper coating, fully cooked and individually quick frozen.

Allergen Information

Contains:

Cereal

Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Molluscs, Lupin, Milk, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Cook from frozen

Oven Bake: Pre-heat oven to 200°C/ 400°F/ Gas Mark 6. Place the shredded chicken on a baking tray in the centre of the oven and bake for 8-10 minutes.

Deep Fry: Pre-heat oil to 180°C/ 350°F. Fully immerse the shredded chicken into the

Storage Instructions:

Keep Frozen, -18°C or below.

Product Ingredients

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Chicken Breast (73%), **WHEAT** Flour, Water, Modified Tapioca Starch, Palm Oil, Salt, Spices, Onion, Maize Starch, Garlic, Raising Agents (Diphosphate, Sodium Carbonate), Tapioca Starch, Spice Extracts (Black Pepper, Paprika, Capsicum), Sugar, Stabiliser (Sodium Triphosphates), Yeast, Yeast Extract, Thickener (Xanthan Gum).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

313 kcal / 1310 kJ

Fat:

18 g

of which saturates:

6.8 g

Carbohydrates:

19 g

of which sugars:

0.5 g

Fibre:

0.5 g

Protein:

19 g

Salt:

1.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.