



## 206505C Lemon & Poppy Seed Muffins (Baker & Baker)



Pack Size: 1 X 24

**Details:** A tasty muffin with zesty lemon and a delicate crunch of poppy seeds.

### Allergen Information

**Contains:**

Cereal, Eggs, Gluten, Milk

**Free from:**

Celery, Crustaceans, Fish, Lupin, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide

**May contain:**

Nuts, Soya

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

Thaw and serve: Removed desired amount from box, allow to defrost for 120 mins at 20°C before serving.

Thaw and bake: Removed desired amount from the box, allow to defrost for 120 mins at 20°C and bake for 8 mins at 180°C.

**Storage Instructions:**

Keep frozen at -18°C or below

Shelf life after defrosting: 48 hours in ambient conditions. (Day of Defrost +1).

### Product Ingredients

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Wheat flour (**WHEAT** flour, Calcium carbonate, Niacin, Iron, Thiamine), Sugar, Rapeseed oil, Water, Sugared whole **EGG** powder, Skimmed **MILK** powder, Lemon comminute (1.9%), Poppy seed (1.9%), **WHEAT** starch, Raising agent (Sodium carbonates, Diphosphates, Calcium phosphates), Palm fat, Modified starch, Emulsifier

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

420 kcal / 1757 kJ

**Fat:**

23.5 g

**of which saturates:**

2.8 g

**Carbohydrates:**

46.5 g

**of which sugars:**

23.6 g

**Fibre:**

1.5 g

**Protein:**

5 g

**Salt:**

0.48 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.