



## 206529C Quorn Vegan Nuggets



**Pack Size:** 5 X 2KG

**Details:** Meat free savoury flavour nuggets coated in a crispy breadcrumb.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Peanuts, Lupin, Milk, Molluscs, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Halal, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Cook from frozen. Remove all packaging.

Ensure Quorn Vegan Nuggets are piping hot before serving.

OVEN - 12 MINS

Pre-heat oven to 200°C/400°F/ Gas Mark 6. Place Quorn Vegan Nuggets on baking tray

**Storage Instructions:**

Keep frozen below -18°C.

Do not refreeze once thawed.

### Product Ingredients

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Ingredients: Mycoprotein (54%), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine,) Vegetable Oils (Sunflower, Rapeseed). Water, **WHEAT** Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Pea Protein, Potato Protein, Salt, Natural Flavouring, **WHEAT** Gluten, Pea Fibre,

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

204 kcal / 858 kJ

**Fat:**

3.1 g

**of which saturates:**

0.3 g

**Carbohydrates:**

25.6 g

**of which sugars:**

2.2 g

**Fibre:**

12.1 g

**Protein:**

12.3 g

**Salt:**

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.