

# 206529S Quorn Vegan Nuggets



Pack Size: 2KG BAG

Details: Meat free savoury flavour nuggets coated in a crispy breadcrumb.

## Allergen Information

#### Contains:

Cereal, Gluten

### Free from:

Celery, Crustaceans, Eggs, Fish, Peanuts, Lupin, Milk, Molluscs, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

### Suitable for:

Halal, Vegetarians, Vegan

# Handling Information

# Directions For Use:

Cook from frozen. Remove all packaging.

Ensure Quorn Vegan Nuggets are piping hot before serving.

OVEN - 12 MINS

Pre-heat oven to 200°C/400°F/ Gas Mark 6. Place Quorn Vegan Nuggets on baking tray

### Storage Instructions:

Keep frozen below -18°C.

Do not refreeze once thawed.

## Product Ingredients

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Ingredients: Mycoprotein (54%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine,) Vegetable Oils (Sunflower, Rapeseed). Water, WHEAT Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Pea Protein, Potato Protein, Salt, Natural Flavouring, WHEAT Gluten, Pea Fibre,

# Nutritional Information

Typical Values per 100g/ml:

## Energy:

204 kcal / 858 kJ

# Fat:

3.1 g

## of which saturates:

0.3 g

## Carbohydrates:

25.6 g

## of which sugars:

2.2 g

## Fibre:

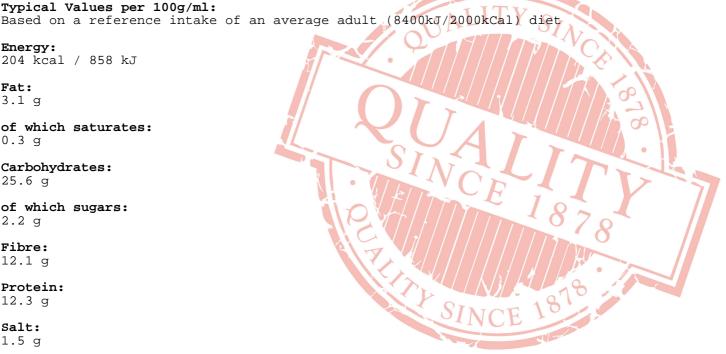
12.1 g

### Protein:

12.3 g

### Salt:

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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