

206529S Quorn Vegan Nuggets



Pack Size: 2KG BAG

Details: Meat free savoury flavour nuggets coated in a crispy breadcrumb.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Peanuts, Lupin, Milk, Molluscs, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal, Vegetarians, Vegan

Handling Information

Directions For Use:

Cook from frozen. Remove all packaging.

Ensure Quorn Vegan Nuggets are piping hot before serving.

OVEN - 12 MINS

Pre-heat oven to 200°C/400°F/ Gas Mark 6. Place Quorn Vegan Nuggets on baking tray

Storage Instructions:

Keep frozen below -18°C.

Do not refreeze once thawed.

Product Ingredients

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Ingredients: Mycoprotein (54%), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamine,) Vegetable Oils (Sunflower, Rapeseed). Water, **WHEAT** Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Pea Protein, Potato Protein, Salt, Natural Flavouring, **WHEAT** Gluten, Pea Fibre,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

204 kcal / 858 kJ

Fat:

3.1 g

of which saturates:

0.3 g

Carbohydrates:

25.6 g

of which sugars:

2.2 g

Fibre:

12.1 g

Protein:

12.3 g

Salt:

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.