



206533C Panko Coated Squid Rings (Pacific West)



Pack Size: 6 X 700G

Details: Frozen raw premium squid rings in a coarse Japanese breadcrumb.

Allergen Information

Contains:

Cereal, Gluten, Molluscs

Free from:

Celery, Sesame, Eggs, Nuts, Mustard, Lupin, Peanuts, Sulphur Dioxide

May contain:

Milk, Fish, Crustaceans, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

Deep Fry. Preheat oil to 180°C. Deep fry frozen squid for 2-3 minutes or until golden brown.

Storage Instructions:

Keep Frozen. Store at -18°C or below. Do not refreeze once thawed.

Product Ingredients

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Squid (**MOLLUSCS**) (60%), Breadcrumb (20%) [**WHEAT** Flour, Palm Oil, Sugar, Salt], Batter (20%) [**WHEAT** Flour, Water, Thickeners (E1404, E1420), Sugar, Garlic, Raising Agents (E450, E500), Pepper, Salt, Yeast Extract].

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

123 kcal / 520 kJ

Fat:

1.1 g

of which saturates:

0.6 g

Carbohydrates:

20.4 g

of which sugars:

3.1 g

Fibre:

1 g

Protein:

7.3 g

Salt:

0.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.